

# WOC test 2007 - lang

## 05-08-07

### Stræktider for H21

Rank	Tid	Navn	Klub	Land								
<b>1</b>	<b>1:27:31</b>	<b>Rokkjær, René</b>		<b>OK Pan Århus</b>								
01:44=	03:01=	05:49=	08:25=	10:36=	13:36=	18:57=	20:52=	24:17=	27:30=	29:43=	37:03=	39:17=
01:44=	01:17=	02:48=	02:36=	02:11=	03:00=	05:21=	01:55=	03:25=	03:13=	02:13=	07:20=	02:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
43:01=	48:12=	49:03=	59:14=	61:43=	64:45=	66:45=	71:36=	72:22=	74:09=	78:12=	79:43=	84:33=
03:44=	05:11=	00:51=	10:11=	02:29=	03:02=	02:00=	04:51=	00:46=	01:47=	04:03=	01:31=	04:50=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
86:23=	87:31=											
01:50=	01:08=											
00:00=	00:00=											
<b>2</b>	<b>1:28:50</b>	<b>Søes, Rasmus</b>		<b>Farum OK</b>								
01:34-	02:47-	05:33-	08:23-	10:28-	13:38+	20:00+	21:30+	25:28+	28:57+	31:02+	38:15+	40:30+
01:34-	01:13-	02:46-	02:50+	02:05-	03:10+	06:22+	01:30-	03:58+	03:29+	02:05-	07:13-	02:15+
00:10-	00:04-	00:02-	00:14+	00:06-	00:10+	01:01#	00:25-	00:33#	00:16+	00:08-	00:07-	00:01+
44:19+	48:43+	49:22+	59:34+	62:18+	65:30+	67:21+	71:52+	72:44+	74:41+	79:03+	80:34+	85:43+
03:49+	04:24-	00:39-	10:12+	02:44+	03:12+	01:51-	04:31-	00:52+	01:57+	04:22+	01:31=	05:09+
00:05+	00:47-	00:12-	00:01+	00:15#	00:10+	00:09-	00:20-	00:06#	00:10+	00:19+	00:00=	00:19+
87:39+	88:50+											
01:56+	01:11+											
00:06+	00:03+											
<b>3</b>	<b>1:30:15</b>	<b>Djurhuus, Rasmus</b>		<b>FIF Hillerød Orientering</b>								
01:35-	03:02+	06:14+	09:29+	11:55+	14:57+	20:49+	22:34+	26:19+	29:28+	31:47+	39:00+	42:33+
01:35-	01:27+	03:12+	03:15+	02:26+	03:02+	05:52+	01:45-	03:45+	03:09-	02:19+	07:13-	03:33+
00:09-	00:10#	00:24#	00:39#	00:15#	00:02+	00:31+	00:10-	00:20+	00:04-	00:06+	00:07-	01:19&
46:37+	50:04+	50:37+	60:41+	62:57+	66:07+	67:51+	71:57+	72:48+	74:49+	79:10+	82:52+	87:33+
04:04+	03:27-	00:33-	10:04-	02:16-	03:10+	01:44-	04:06-	00:51+	02:01+	04:21+	03:42+	04:41-
00:20+	01:44-	00:18-	00:07-	00:13-	00:08+	00:16-	00:45-	00:05#	00:14#	00:18+	02:11@	00:09-
89:09+	90:15+											
01:36-	01:06-											
00:14-	00:02-											
<b>4</b>	<b>1:31:34</b>	<b>Hjort Lassen, Tue</b>		<b>Faaborg OK</b>								
01:40-	03:01=	05:57+	08:45+	11:05+	14:21+	19:54+	23:35+	27:29+	30:48+	33:08+	40:35+	42:54+
01:40-	01:21+	02:56+	02:48+	02:20+	03:16+	05:33+	03:41+	03:54+	03:19+	02:20+	07:27+	02:19+
00:04-	00:04+	00:08+	00:12+	00:09+	00:16+	00:12+	01:46&	00:29#	00:06+	00:07+	00:07+	00:05+
46:29+	50:51+	51:30+	62:13+	65:03+	68:04+	69:56+	74:29+	75:27+	77:22+	81:34+	82:58+	88:23+
03:35-	04:22-	00:39-	10:43+	02:50+	03:01-	01:52-	04:33-	00:58+	01:55+	04:12+	01:24-	05:25+
00:09-	00:49-	00:12-	00:32+	00:21#	00:01-	00:08-	00:18-	00:12&	00:08+	00:09+	00:07-	00:35#
90:22+	91:34+											
01:59+	01:12+											
00:09+	00:04+											
<b>5</b>	<b>1:32:00</b>	<b>Olsen, Rune</b>		<b>Tisvilde Hegn OK</b>								
01:51+	03:23+	06:16+	09:02+	11:28+	14:53+	20:02+	21:51+	25:28+	29:07+	31:05+	38:27+	41:01+
01:51+	01:32+	02:53+	02:46+	02:26+	03:25+	05:09-	01:49-	03:37+	03:39+	01:58-	07:22+	02:34+
00:07+	00:15#	00:05+	00:10+	00:15#	00:25#	00:12-	00:06-	00:12+	00:26#	00:15-	00:02+	00:20#
45:35+	49:26+	50:09+	60:35+	63:29+	66:36+	68:57+	73:58+	74:54+	76:47+	81:46+	83:09+	89:00+
04:34+	03:51-	00:43-	10:26+	02:54+	03:07+	02:21+	05:01+	00:56+	01:53+	04:59+	01:23-	05:51+
00:50#	01:20-	00:08-	00:15+	00:25#	00:05+	00:21#	00:10+	00:10#	00:06+	00:56#	00:08-	01:01#
90:50+	92:00+											
01:50=	01:10+											
00:00=	00:02+											
<b>6</b>	<b>1:32:03</b>	<b>Nielsen, Troels</b>		<b>Horsens OK</b>								
01:42-	03:09+	05:53+	08:47+	11:05+	14:47+	20:03+	21:44+	25:33+	28:50+	31:38+	39:33+	41:59+
01:42-	01:27+	02:44-	02:54+	02:18+	03:42+	05:16-	01:41-	03:49+	03:17+	02:48+	07:55+	02:26+
00:02-	00:10#	00:04-	00:18#	00:07+	00:42#	00:05-	00:14-	00:24#	00:04+	00:35&	00:35+	00:12+
45:21+	48:58+	49:51+	60:48+	63:41+	66:49+	69:01+	73:58+	74:58+	77:05+	81:36+	83:28+	88:43+
03:22-	03:37-	00:53+	10:57+	02:53+	03:08+	02:12+	04:57+	01:00+	02:07+	04:31+	01:52+	05:15+
00:22-	01:34-	00:02+	00:46+	00:24#	00:06+	00:12+	00:06+	00:14&	00:20#	00:28#	00:21#	00:25+
90:51+	92:03+											
02:08+	01:12+											

00:18# 00:04+

**7 1:32:04 Jensen, Thomas**

01:37- 03:05+ 06:00+ 08:41+ 10:58+ 14:24+ 21:38+ 23:18+ 26:59+ 30:22+ 32:44+ 41:00+ 43:29+  
 01:37- 01:28+ 02:55+ 02:41+ 02:17+ 03:26+ 07:14+ 01:40- 03:41+ 03:23+ 02:22+ 08:16+ 02:29+  
 00:07- 00:11# 00:07+ 00:05+ 00:06+ 00:26# 01:53& 00:15- 00:16+ 00:10+ 00:09+ 00:56# 00:15#  
 46:36+ 50:29+ 51:11+ 62:14+ 65:05+ 68:27+ 70:25+ 75:11+ 76:10+ 77:57+ 82:29+ 84:10+ 89:02+  
 03:07- 03:53- 00:42- 11:03+ 02:51+ 03:22+ 01:58- 04:46- 00:59+ 01:47= 04:32+ 01:41+ 04:52+  
 00:37- 01:18- 00:09- 00:52+ 00:22# 00:20# 00:02- 00:05- 00:13& 00:00= 00:29# 00:10# 00:02+  
 90:56+ 92:04+  
 01:54+ 01:08=  
 00:04+ 00:00=

**Tisvilde Hegn OK****8 1:33:14 Hallingdal Bloch, Claus**

01:44= 03:00- 05:55+ 08:44+ 10:59+ 13:51+ 19:05+ 20:43- 24:12- 27:38+ 29:54+ 38:01+ 40:43+  
 01:44= 01:16- 02:55+ 02:49+ 02:15+ 02:52- 05:14- 01:38- 03:29+ 03:26+ 02:16+ 08:07+ 02:42+  
 00:00= 00:01- 00:07+ 00:13+ 00:04+ 00:08- 00:07- 00:17- 00:04+ 00:13+ 00:03+ 00:47# 00:28#  
 43:49+ 48:14+ 48:54- 59:34+ 62:46+ 65:50+ 67:55+ 74:27+ 75:12+ 76:57+ 81:51+ 83:44+ 89:54+  
 03:06- 04:25- 00:40- 10:40+ 03:12+ 03:04+ 02:05+ 06:32+ 00:45- 01:45- 04:54+ 01:53+ 06:10+  
 00:38- 00:46- 00:11- 00:29+ 00:43& 00:02+ 00:05+ 01:41& 00:01- 00:02- 00:51# 00:22# 01:20&  
 91:58+ 93:14+  
 02:04+ 01:16+  
 00:14# 00:08#

**OK Pan Århus****9 1:33:35 Jørgensen, Flemming**

01:50+ 03:22+ 06:21+ 09:15+ 11:45+ 15:12+ 21:01+ 23:01+ 26:52+ 30:24+ 32:59+ 40:48+ 43:33+  
 01:50+ 01:32+ 02:59+ 02:54+ 02:30+ 03:27+ 05:49+ 02:00+ 03:51+ 03:32+ 02:35+ 07:49+ 02:45+  
 00:06+ 00:15# 00:11+ 00:18# 00:19# 00:27# 00:28+ 00:05+ 00:26# 00:19+ 00:22# 00:29+ 00:31#  
 46:52+ 50:48+ 51:37+ 62:40+ 65:25+ 68:41+ 70:50+ 75:48+ 76:40+ 78:34+ 83:21+ 85:05+ 90:19+  
 03:19- 03:56- 00:49- 11:03+ 02:45+ 03:16+ 02:09+ 04:58+ 00:52+ 01:54+ 04:47+ 01:44+ 05:14+  
 00:25- 01:15- 00:02- 00:52+ 00:16# 00:14+ 00:09+ 00:07+ 00:06# 00:07+ 00:44# 00:13# 00:24+  
 92:17+ 93:35+  
 01:58+ 01:18+  
 00:08+ 00:10#

**Kolding OK****10 1:37:36 Markvardsen, Henrik**

01:46+ 03:25+ 06:23+ 09:20+ 12:06+ 16:18+ 21:27+ 24:52+ 28:46+ 32:23+ 34:48+ 43:18+ 45:46+  
 01:46+ 01:39+ 02:58+ 02:57+ 02:46+ 04:12+ 05:09- 03:25+ 03:54+ 03:37+ 02:25+ 08:30+ 02:28+  
 00:02+ 00:22& 00:10+ 00:21# 00:35& 01:12& 00:12- 01:30& 00:29# 00:24# 00:12+ 01:10# 00:14#  
 49:09+ 53:44+ 54:52+ 66:11+ 69:09+ 72:39+ 74:47+ 79:45+ 80:50+ 82:52+ 87:14+ 88:59+ 94:21+  
 03:23- 04:35- 01:08+ 11:19+ 02:58+ 03:30+ 02:08+ 04:58+ 01:05+ 02:02+ 04:22+ 01:45+ 05:22+  
 00:21- 00:36- 00:17& 01:08# 00:29# 00:28# 00:08+ 00:07+ 00:19& 00:15# 00:19+ 00:14# 00:32#  
 96:16+ 97:36+  
 01:55+ 01:20+  
 00:05+ 00:12#

**Tisvilde Hegn OK****11 1:38:01 Hejlskov Mogensen, Rico**

02:01+ 03:25+ 06:07+ 08:44+ 11:35+ 14:57+ 19:59+ 21:30+ 25:27+ 29:05+ 31:17+ 39:19+ 41:52+  
 02:01+ 01:24+ 02:42- 02:37+ 02:51+ 03:22+ 05:02- 01:31- 03:57+ 03:38+ 02:12- 08:02+ 02:33+  
 00:17# 00:07+ 00:06- 00:01+ 00:40& 00:22# 00:19- 00:24- 00:32# 00:25# 00:01- 00:42+ 00:19#  
 46:33+ 50:36+ 51:55+ 63:19+ 66:13+ 69:41+ 71:52+ 77:17+ 78:25+ 80:29+ 86:39+ 88:18+ 94:25+  
 04:41+ 04:03- 01:19+ 11:24+ 02:54+ 03:28+ 02:11+ 05:25+ 01:08+ 02:04+ 06:10+ 01:39+ 06:07+  
 00:57& 01:08- 00:28& 01:13# 00:25# 00:26# 00:11+ 00:34# 00:22& 00:17# 02:07& 00:08+ 01:17&  
 96:33+ 98:01+  
 02:08+ 01:28+  
 00:18# 00:20&

**St. Binderup OK****12 1:39:08 Ingvarsen, Mads**

01:44= 03:25+ 06:47+ 09:47+ 12:56+ 16:25+ 21:34+ 23:13+ 27:09+ 30:31+ 33:08+ 40:24+ 42:48+  
 01:44= 01:41+ 03:22+ 03:00+ 03:09+ 03:29+ 05:09- 01:39- 03:56+ 03:22+ 02:37+ 07:16- 02:24+  
 00:00= 00:24& 00:34# 00:24# 00:58& 00:29# 00:12- 00:16- 00:31# 00:09+ 00:24# 00:04- 00:10+  
 47:36+ 51:52+ 52:34+ 63:58+ 66:37+ 70:34+ 72:51+ 77:32+ 78:28+ 80:25+ 86:17+ 89:00+ 95:39+  
 04:48+ 04:16- 00:42- 11:24+ 02:39+ 03:57+ 02:17+ 04:41- 00:56+ 01:57+ 05:52+ 02:43+ 06:39+  
 01:04& 00:55- 00:09- 01:13# 00:10+ 00:55& 00:17# 00:10- 00:10# 00:10+ 01:49& 01:12& 01:49&  
 97:47+ 99:08+  
 02:08+ 01:21+  
 00:18# 00:13#

**Farum OK****13 1:39:12 Kiilerich Kragh, Rasmus**

01:50+ 03:11+ 06:06+ 09:14+ 11:41+ 15:58+ 22:42+ 25:07+ 28:53+ 32:11+ 34:20+ 42:46+ 45:58+  
 01:50+ 01:21+ 02:55+ 03:08+ 02:27+ 04:17+ 06:44+ 02:25+ 03:46+ 03:18+ 02:09- 08:26+ 03:12+  
 00:06+ 00:04+ 00:07+ 00:32# 00:16# 01:17& 01:23& 00:30& 00:21# 00:05+ 00:04- 01:06# 00:58&  
 49:16+ 53:56+ 54:34+ 66:53+ 70:11+ 74:00+ 75:53+ 81:22+ 82:18+ 84:07+ 89:16+ 90:44+ 96:02+  
 03:18- 04:40- 00:38- 12:19+ 03:18+ 03:49+ 01:53- 05:29+ 00:56+ 01:49+ 05:09+ 01:28- 05:18+  
 00:26- 00:31- 00:13- 02:08# 00:49& 00:47& 00:07- 00:38# 00:10# 00:02+ 01:06& 00:03- 00:28+  
 97:58+ 99:12+  
 01:56+ 01:14+  
 00:06+ 00:06+

**Skive AMOK****14 1:41:07 Horstmann, Peter**

01:48+ 03:19+ 06:36+ 10:13+ 12:38+ 17:28+ 24:12+ 26:09+ 30:10+ 33:34+ 36:12+ 43:15+ 45:47+

**Søllerød OK**

01:48+	01:31+	03:17+	03:37+	02:25+	04:50+	06:44+	01:57+	04:01+	03:24+	02:38+	07:03-	02:32+
00:04+	00:14#	00:29#	01:01&	00:14#	01:50&	01:23&	00:02+	00:36#	00:11+	00:25#	00:17-	00:18#
50:41+	54:48+	55:37+	66:41+	69:25+	72:43+	74:36+	80:28+	81:15+	83:17+	88:54+	90:43+	97:54+
04:54+	04:07-	00:49-	11:04+	02:44+	03:18+	01:53-	05:52+	00:47+	02:02+	05:37+	01:49+	07:11+
01:10&	01:04-	00:02-	00:53+	00:15#	00:16+	00:07-	01:01#	00:01+	00:15#	01:34&	00:18#	02:21&
99:52+	101:07+											
01:58+	01:15+											
00:08+	00:07#											

**15 1:41:50 Hjerrild, Thomas****OK Pan Århus**

01:38-	05:02+	07:45+	10:38+	13:31+	16:43+	22:56+	24:33+	28:10+	31:44+	33:51+	41:08+	43:33+
01:38-	03:24+	02:43-	02:53+	02:53+	03:12+	06:13+	01:37-	03:37+	03:34+	02:07-	07:17-	02:25+
00:06-	02:07@	00:05-	00:17#	00:42&	00:12+	00:52#	00:18-	00:12+	00:21#	00:06-	00:03-	00:11+
47:22+	51:39+	52:26+	64:09+	67:26+	71:12+	73:26+	81:58+	82:48+	84:54+	91:09+	92:43+	98:27+
03:49+	04:17-	00:47-	11:43+	03:17+	03:46+	02:14+	08:32+	00:50+	02:06+	06:15+	01:34+	05:44+
00:05+	00:54-	00:04-	01:32#	00:48&	00:44#	00:14#	03:41&	00:04+	00:19#	02:12&	00:03+	00:54#
100:35+	101:50+											
02:08+	01:15+											
00:18#	00:07#											

**16 1:42:22 Oscar, Rasmus****Faaborg OK**

01:45+	03:23+	06:43+	10:04+	13:21+	17:18+	23:56+	25:52+	29:56+	33:39+	36:04+	43:57+	46:41+
01:45+	01:38+	03:20+	03:21+	03:17+	03:57+	06:38+	01:56+	04:04+	03:43+	02:25+	07:53+	02:44+
00:01+	00:21&	00:32#	00:45&	01:06&	00:57&	01:17#	00:01+	00:39#	00:30#	00:12+	00:33+	00:30#
50:03+	54:08+	54:49+	66:28+	69:42+	74:18+	76:35+	82:23+	83:18+	85:23+	91:40+	93:28+	98:55+
03:22-	04:05-	00:41-	11:39+	03:14+	04:36+	02:17+	05:48+	00:55+	02:05+	06:17+	01:48+	05:27+
00:22-	01:06-	00:10-	01:28#	00:45&	01:34&	00:17#	00:57#	00:09#	00:18#	02:14&	00:17#	00:37#
101:04+	102:22+											
02:09+	01:18+											
00:19#	00:10#											

**17 1:42:48 Lund, Mikkel****Faaborg OK**

01:49+	03:06+	06:13+	09:05+	11:34+	14:49+	19:58+	21:30+	25:17+	28:38+	30:50+	38:40+	41:28+
01:49+	01:17+	03:07+	02:52+	02:29+	03:15+	05:09-	01:32-	03:47+	03:21+	02:12-	07:50+	02:48+
00:05+	00:00+	00:19#	00:16#	00:18#	00:15+	00:12-	00:23-	00:22#	00:08+	00:01-	00:30+	00:34&
46:11+	50:57+	51:40+	63:10+	66:03+	69:06+	70:52+	77:17+	78:24+	79:14+	81:22+	89:10+	91:13+
04:43+	04:46-	00:43-	11:30+	02:53+	03:03+	01:46-	06:25+	01:07+	00:50-	02:08-	07:48+	02:03-
00:59&	00:25-	00:08-	01:19#	00:24#	00:01+	00:14-	01:34&	00:21&	00:57-	01:55-	06:17@	02:47-
98:11+	100:59+	102:48+										
06:58+	02:48+	01:49+										
05:08@	01:40@	01:49@										

**18 1:44:38 Sørensen, Michael****Tisvilde Hegn OK**

01:44=	03:22+	06:54+	09:56+	12:37+	15:59+	21:44+	23:33+	27:35+	31:18+	34:45+	42:50+	45:33+
01:44=	01:38+	03:32+	03:02+	02:41+	03:22+	05:45+	01:49-	04:02+	03:43+	03:27+	08:05+	02:43+
00:00=	00:21&	00:44&	00:26#	00:30#	00:22#	00:24+	00:06-	00:37#	00:30#	01:14&	00:45#	00:29#
52:21+	57:03+	57:43+	70:53+	74:23+	78:16+	80:57+	86:36+	87:27+	89:32+	94:09+	96:05+	101:20+
06:48+	04:42-	00:40-	13:10+	03:30+	03:53+	02:41+	05:39+	00:51+	02:05+	04:37+	01:56+	05:15+
03:04&	00:29-	00:11-	02:59&	01:01&	00:51&	00:41&	00:48#	00:05#	00:18#	00:34#	00:25&	00:25+
103:19+	104:38+											
01:59+	01:19+											
00:09+	00:11#											

**19 1:44:52 Borch, Jeppe****Silkeborg OK**

01:55+	03:25+	06:34+	09:46+	12:16+	16:46+	21:54+	23:49+	28:18+	32:07+	34:47+	43:33+	46:10+
01:55+	01:30+	03:09+	03:12+	02:30+	04:30+	05:08-	01:55=	04:29+	03:49+	02:40+	08:46+	02:37+
00:11#	00:13#	00:21#	00:36#	00:19#	01:30&	00:13-	00:00=	01:04&	00:36#	00:27#	01:26#	00:23#
51:16+	55:47+	56:31+	69:00+	72:45+	77:00+	79:24+	84:45+	85:45+	87:51+	94:03+	95:40+	101:30+
05:06+	04:31-	00:44-	12:29+	03:45+	04:15+	02:24+	05:21+	01:00+	02:06+	06:12+	01:37+	05:50+
01:22&	00:40-	00:07-	02:18#	01:16&	01:13&	00:24#	00:30#	00:14&	00:19#	02:09&	00:06+	01:00#
103:36+	104:52+											
02:06+	01:16+											
00:16#	00:08#											

**20 1:46:29 Konring Olesen, Anders****FIF Hillerød Orientering**

01:44=	03:15+	06:17+	10:06+	12:33+	16:20+	22:21+	24:42+	28:30+	33:25+	35:52+	44:38+	47:45+
01:44=	01:31+	03:02+	03:49+	02:27+	03:47+	06:01+	02:21+	03:48+	04:55+	02:27+	08:46+	03:07+
00:00=	00:14#	00:14+	01:13&	00:16#	00:47&	00:40#	00:26#	00:23#	01:42&	00:14#	01:26#	00:53&
52:38+	57:00+	58:02+	71:28+	74:38+	78:15+	80:22+	85:03+	86:32+	87:26+	89:31+	95:22+	97:08+
04:53+	04:22-	01:02+	13:26+	03:10+	03:37+	02:07+	04:41-	01:29+	00:54-	02:05-	05:51+	01:46-
01:09&	00:49-	00:11#	03:15&	00:41&	00:35#	00:07+	00:10-	00:43&	00:53-	01:58-	04:20@	03:04-
102:54+	105:01+	106:29+										
05:46+	02:07+	01:28+										
03:56@	00:59&	01:28@										

**21 1:46:35 Lundedal Jensen, Sigge****FIF Hillerød Orientering**

01:50+	03:43+	07:14+	10:05+	13:33+	17:48+	25:25+	27:14+	31:28+	36:18+	38:58+	47:13+	50:13+
01:50+	01:53+	03:31+	02:51+	03:28+	04:15+	07:37+	01:49-	04:14+	04:50+	02:40+	08:15+	03:00+
00:06+	00:36&	00:43&	00:15+	01:17&	01:15&	02:16&	00:06-	00:49#	01:37&	00:27#	00:55#	00:46&
54:13+	58:32+	59:43+	72:15+	75:14+	78:43+	80:42+	85:41+	86:45+	88:53+	93:43+	95:18+	103:26+
04:00+	04:19-	01:11+	12:32+	02:59+	03:29+	01:59-	04:59+	01:04+	02:08+	04:50+	01:35+	08:08+
00:16+	00:52-	00:20&	02:21#	00:30#	00:27#	00:01-	00:08+	00:18&	00:21#	00:47#	00:04+	03:18&

105:20+ 106:35+  
01:54+ 01:15+  
00:04+ 00:07#

## 22 1:47:16 Dalgaard, Esben

## OK FROS

02:03+ 03:47+ 06:43+ 12:03+ 14:39+ 18:29+ 24:22+ 26:38+ 30:20+ 33:53+ 36:37+ 45:23+ 48:04+  
02:03+ 01:44+ 02:56+ 05:20+ 02:36+ 03:50+ 05:53+ 02:16+ 03:42+ 03:33+ 02:44+ 08:46+ 02:41+  
00:19# 00:27& 00:08+ 02:44@ 00:25# 00:50& 00:32+ 00:21# 00:17+ 00:20# 00:31# 01:26# 00:27#  
52:16+ 57:01+ 58:15+ 71:06+ 74:26+ 78:18+ 80:28+ 86:52+ 87:41+ 90:04+ 96:08+ 98:02+ 103:52+  
04:12+ 04:45- 01:14+ 12:51+ 03:20+ 03:52+ 02:10+ 06:24+ 00:49+ 02:23+ 06:04+ 01:54+ 05:50+  
00:28# 00:26- 00:23& 02:40& 00:51& 00:50& 00:10+ 01:33& 00:03+ 00:36& 02:01& 00:23& 01:00#  
106:07+ 107:16+  
02:15+ 01:09+  
00:25# 00:01+

## 23 1:48:28 Giødesen Lund, Philip

## Søllerød OK

01:52+ 03:22+ 06:31+ 10:49+ 13:16+ 17:01+ 25:14+ 27:06+ 32:03+ 36:10+ 38:51+ 47:05+ 50:24+  
01:52+ 01:30+ 03:09+ 04:18+ 02:27+ 03:45+ 08:13+ 01:52- 04:57+ 04:07+ 02:41+ 08:14+ 03:19+  
00:08+ 00:13# 00:21# 01:42& 00:16# 00:45# 02:52& 00:03- 01:32& 00:54& 00:28# 00:54# 01:05&  
54:59+ 59:35+ 60:33+ 73:33+ 77:21+ 81:37+ 83:43+ 89:02+ 89:57+ 92:08+ 97:32+ 99:18+ 105:05+  
04:35+ 04:36- 00:58+ 13:00+ 03:48+ 04:16+ 02:06+ 05:19+ 00:55+ 02:11+ 05:24+ 01:46+ 05:47+  
00:51# 00:35- 00:07# 02:49& 01:19& 01:14& 00:06+ 00:28+ 00:09# 00:24# 01:21& 00:15# 00:57#  
107:13+ 108:28+  
02:08+ 01:15+  
00:18# 00:07#

## 24 1:49:09 Thorsen, Emil

## OK Esbjerg

02:14+ 04:24+ 07:54+ 11:36+ 14:21+ 18:07+ 25:13+ 27:02+ 31:24+ 35:10+ 37:35+ 45:53+ 49:27+  
02:14+ 02:10+ 03:30+ 03:42+ 02:45+ 03:46+ 07:06+ 01:49- 04:22+ 03:46+ 02:25+ 08:18+ 03:34+  
00:30& 00:53& 00:42# 01:06& 00:34& 00:46& 01:45& 00:06- 00:57& 00:33# 00:12+ 00:58# 01:20&  
53:44+ 59:53+ 60:56+ 74:02+ 77:15+ 81:04+ 83:33+ 89:48+ 91:05+ 93:12+ 98:10+ 100:12+ 105:48+  
04:17+ 06:09+ 01:03+ 13:06+ 03:13+ 03:49+ 02:29+ 06:15+ 01:17+ 02:07+ 04:58+ 02:02+ 05:36+  
00:33# 00:58# 00:12# 02:55& 00:44& 00:47& 00:29# 01:24& 00:31& 00:20# 00:55# 00:31& 00:46#  
107:47+ 109:09+  
01:59+ 01:22+  
00:09+ 00:14#

## 25 1:49:47 Hoffmann, Bjarne

## OK Pan Århus

01:49+ 03:14+ 06:33+ 09:56+ 12:37+ 16:21+ 22:18+ 24:15+ 29:24+ 33:30+ 36:21+ 44:56+ 48:34+  
01:49+ 01:25+ 03:19+ 03:23+ 02:41+ 03:44+ 05:57+ 01:57+ 05:09+ 04:06+ 02:51+ 08:35+ 03:38+  
00:05+ 00:08# 00:31# 00:47& 00:30# 00:44# 00:36# 00:02+ 01:44& 00:53& 00:38& 01:15# 01:24&  
53:24+ 58:46+ 59:39+ 72:02+ 75:39+ 79:53+ 82:23+ 88:40+ 89:43+ 92:07+ 98:00+ 99:39+ 105:54+  
04:50+ 05:22+ 00:53+ 12:23+ 03:37+ 04:14+ 02:30+ 06:17+ 01:03+ 02:24+ 05:53+ 01:39+ 06:15+  
01:06& 00:11+ 00:02+ 02:12# 01:08& 01:12& 00:30# 01:26& 00:17& 00:37& 01:50& 00:08+ 01:25&  
108:21+ 109:47+  
02:27+ 01:26+  
00:37& 00:18&

## 26 1:49:57 Knudsen, Bjarne

## Faaborg OK

02:05+ 04:08+ 07:30+ 11:06+ 13:50+ 17:50+ 23:45+ 25:49+ 30:12+ 34:10+ 37:16+ 45:51+ 48:58+  
02:05+ 02:03+ 03:22+ 03:36+ 02:44+ 04:00+ 05:55+ 02:04+ 04:23+ 03:58+ 03:06+ 08:35+ 03:07+  
00:21# 00:46& 00:34# 01:00& 00:33& 01:00& 00:34# 00:09+ 00:58& 00:45# 00:53& 01:15# 00:53&  
53:27+ 58:53+ 59:50+ 72:50+ 76:03+ 80:19+ 82:47+ 89:00+ 90:04+ 92:16+ 97:55+ 99:40+ 106:20+  
04:29+ 05:26+ 00:57+ 13:00+ 03:13+ 04:16+ 02:28+ 06:13+ 01:04+ 02:12+ 05:39+ 01:45+ 06:40+  
00:45# 00:15+ 00:06# 02:49& 00:44& 01:14& 00:28# 01:22& 00:18& 00:25# 01:36& 00:14# 01:50&  
108:33+ 109:57+  
02:13+ 01:24+  
00:23# 00:16#

## 27 1:53:24 Nielsen, Ebbe

## OK Pan Århus

01:52+ 03:55+ 07:54+ 11:23+ 14:01+ 17:23+ 24:30+ 26:14+ 30:49+ 35:47+ 38:34+ 47:08+ 50:02+  
01:52+ 02:03+ 03:59+ 03:29+ 02:38+ 03:22+ 07:07+ 01:44- 04:35+ 04:58+ 02:47+ 08:34+ 02:54+  
00:08+ 00:46& 01:11& 00:53& 00:27# 00:22# 01:46& 00:11- 01:10& 01:45& 00:34& 01:14# 00:40&  
55:24+ 59:40+ 60:22+ 72:34+ 75:47+ 80:05+ 83:40+ 90:25+ 91:21+ 93:36+ 99:28+ 101:28+ 109:15+  
05:22+ 04:16- 00:42- 12:12+ 03:13+ 04:18+ 03:35+ 06:45+ 00:56+ 02:15+ 05:52+ 02:00+ 07:47+  
01:38& 00:55- 00:09- 02:01# 00:44& 01:16& 01:35& 01:54& 00:10# 00:28& 01:49& 00:29& 02:57&  
111:45+ 113:24+  
02:30+ 01:39+  
00:40& 00:31&

## 28 1:54:00 Bobach, Christian

## Silkeborg OK

02:07+ 03:43+ 07:14+ 10:41+ 13:29+ 17:06+ 23:45+ 26:00+ 31:36+ 35:40+ 38:32+ 46:44+ 49:54+  
02:07+ 01:36+ 03:31+ 03:27+ 02:48+ 03:37+ 06:39+ 02:15+ 05:36+ 04:04+ 02:52+ 08:12+ 03:10+  
00:23# 00:19# 00:43& 00:51& 00:37& 00:37# 01:18# 00:20# 02:11& 00:51& 00:39& 00:52# 00:56&  
54:34+ 60:27+ 61:32+ 75:45+ 79:21+ 84:32+ 87:20+ 92:33+ 93:34+ 96:00+ 101:46+ 103:42+ 110:02+  
04:40+ 05:53+ 01:05+ 14:13+ 03:36+ 05:11+ 02:48+ 05:13+ 01:01+ 02:26+ 05:46+ 01:56+ 06:20+  
00:56# 00:42# 00:14& 04:02& 01:07& 02:09& 00:48& 00:22+ 00:15& 00:39& 01:43& 00:25& 01:30&  
112:29+ 114:00+  
02:27+ 01:31+  
00:37& 00:23&

**29 2:07:39 Andersen, Kasper FIF Hillerød Orientering**

02:19+	04:17+	08:26+	12:04+	15:02+	19:11+	26:00+	28:36+	34:00+	38:50+	42:15+	51:48+	55:10+
02:19+	01:58+	04:09+	03:38+	02:58+	04:09+	06:49+	02:36+	05:24+	04:50+	03:25+	09:33+	03:22+
00:35&	00:41&	01:21&	01:02&	00:47&	01:09&	01:28&	00:41&	01:59&	01:37&	01:12&	02:13&	01:08&
60:44+	65:46+	66:30+	81:30+	85:29+	90:55+	94:07+	100:57+	102:04+	104:51+	114:29+	116:39+	124:05+
05:34+	05:02-	00:44-	15:00+	03:59+	05:26+	03:12+	06:50+	01:07+	02:47+	09:38+	02:10+	07:26+
01:50&	00:09-	00:07-	04:49&	01:30&	02:24&	01:12&	01:59&	00:21&	01:00&	05:35@	00:39&	02:36&
126:21+	127:39+											
02:16+	01:18+											
00:26#	00:10#											

**30 2:14:23 Fegar, Johan Tisvilde Hegn OK**

02:15+	04:47+	08:42+	11:57+	15:30+	19:30+	27:33+	29:54+	35:50+	41:04+	44:21+	53:52+	57:13+
02:15+	02:32+	03:55+	03:15+	03:33+	04:00+	08:03+	02:21+	05:56+	05:14+	03:17+	09:31+	03:21+
00:31&	01:15&	01:07&	00:39#	01:22&	01:00&	02:42&	00:26#	02:31&	02:01&	01:04&	02:11&	01:07&
64:27+	70:56+	72:00+	86:01+	89:29+	94:23+	97:12+	110:21+	111:19+	114:02+	120:50+	122:32+	130:24+
07:14+	06:29+	01:04+	14:01+	03:28+	04:54+	02:49+	13:09+	00:58+	02:43+	06:48+	01:42+	07:52+
03:30&	01:18&	00:13&	03:50&	00:59&	01:52&	00:49&	08:18@	00:12&	00:56&	02:45&	00:11#	03:02&
132:48+	134:23+											
02:24+	01:35+											
00:34&	00:27&											

**31 2:16:51 Kallestrup, Henrik Silkeborg OK**

02:27+	04:31+	08:41+	12:37+	16:06+	20:13+	28:06+	30:18+	35:32+	39:38+	43:52+	54:27+	58:14+
02:27+	02:04+	04:10+	03:56+	03:29+	04:07+	07:53+	02:12+	05:14+	04:06+	04:14+	09:35+	03:47+
00:43&	00:47&	01:22&	01:20&	01:18&	01:07&	02:32&	00:17#	01:49&	00:53&	02:01&	03:15&	01:33&
63:18+	70:22+	71:25+	85:46+	90:15+	95:56+	99:15+	106:22+	107:39+	110:43+	118:19+	123:47+	131:47+
05:04+	07:04+	01:03+	14:21+	04:29+	05:41+	03:19+	07:07+	01:17+	03:04+	07:36+	05:28+	08:00+
01:20&	01:53&	00:12#	04:10&	02:00&	02:39&	01:19&	02:16&	00:31&	01:17&	03:33&	03:57@	03:10&
135:03+	136:51+											
03:16+	01:48+											
01:26&	00:40&											

**32 2:33:33 Reiche, Allan OK Vendelboerne**

03:19+	05:39+	10:33+	14:42+	18:10+	23:08+	37:46+	39:53+	45:16+	50:20+	54:04+	65:50+	69:20+
03:19+	02:20+	04:54+	04:09+	03:28+	04:58+	14:38+	02:07+	05:23+	05:04+	03:44+	11:46+	03:30+
01:35&	01:03&	02:06&	01:33&	01:17&	01:58&	09:17@	00:12#	01:58&	01:51&	01:31&	04:26&	01:16&
75:19+	82:51+	84:01+	98:54+	102:49+	110:41+	113:51+	121:50+	123:31+	127:17+	139:13+	141:46+	148:55+
05:59+	07:32+	01:10+	14:53+	03:55+	07:52+	03:10+	07:59+	01:41+	03:46+	11:56+	02:33+	07:09+
02:15&	02:21&	00:19&	04:42&	01:26&	04:50@	01:10&	03:08&	00:55@	01:59@	07:53@	01:02&	02:19&
151:57+	153:33+											
03:02+	01:36+											
01:12&	00:28&											

Best split for this class

01:34	01:13	02:42	02:36	02:05	02:52	05:02	01:30	03:25	03:09	01:58	07:03	02:14
03:06	03:27	00:33	10:04	02:16	03:01	01:44	04:06	00:45	00:50	02:05	01:23	01:46
01:36	01:06											

= Same time as class winner, - Faster + slower # 10% more loss & 25% more loss @ 100% more loss

06-08-07 22:02:09 eTiming version 2.4 Emit as  
Lisensen tilhører: SILKEBORG